

ChopChop Kids is the non-profit publisher of *ChopChop, The Fun Cooking Magazine for Families*. While ChopChop's mission is to inspire and teach children and families to cook and eat real food together, the very first step on this path is reading the magazine together. *ChopChop* can be used as a tool to teach literacy, cooking, nutrition, cultural awareness, and manners, among other things.

Top Five Ways to use *ChopChop Magazine* to Boost Literacy for Children in Grades 3 and up

1 Vocabulary: Choose a word in a recipe and ask the child you are working with to think of antonyms and synonyms. What words have multiple meanings? Can "cooking" vocabulary be used to describe other things? Who besides a cook might use these words? Why?



2 Compare and contrast: Ask the child which things are similar to each other in a recipe. How can changing an ingredient or a cooking method make a difference to the dish?



3 Description: Ask the child to show you which words in a recipe are used to describe something. How do we know? What makes a word descriptive?

4 Sense impressions: Ask the child which words are used tell us about a food. What sense or senses do these words evoke?

5 Sequencing: Show the child how the recipe directions give a sense of order to how something is made. Ask them what would happen if the directions were listed at random rather than in an appropriate order.



Endorsed by the American Academy of Pediatrics and published in both Spanish and English, each issue of *ChopChop* is filled with nutritious, great-tasting, ethnically diverse, and inexpensive recipes, along with interesting and little-known food facts, interviews, puzzles, and games.

To learn more about ChopChop's mission, and to support the organization by subscribing to *ChopChop Magazine*, please visit chopchopmag.org. To order large quantities of *ChopChop* for your organization, contact us at info@chopchopmag.org or call 617.924.3993.